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Konstantinos P. Makaritsis, M.D., Ph.D was born in 1961 in Athens, Greece.

He graduated in 1985 from the University of Patras Medical School, Patras, Greece.

He received his Doctorate Thesis in Cardiovascular Medicine from the University of Athens, School of Medicine, Athens, Greece in 1994.

He has been awarded the ECFMG (USMLE) Certificate in 1995 by the USMLE Council.

He is also an Instructor in ATLS (Advanced Trauma Life Support) by the American College of Surgeons.

He was trained as a Resident in Internal Medicine from 1990-1995 at the Department of Clinical Therapeutics, University of Athens School of Medicine, "Alexandra" Hospital, Athens, Greece.

He was also trained as a postdoctoral Clinical & Research Fellow for 2.5 years at the Boston University, Boston Medical Center, Department of Medicine, Section of Hypertension and Atherosclerosis, Boston, MA, USA.

He is a Fellow of the European Society of Hypertension (FESH), Fellow of the European Stroke Organization (FESO) and Fellow of the European Federation of Internal Medicine.

He is also a member of the Hellenic Society for the Study of Stroke, the American Heart Association, the Hellenic Society of Hypertension, the Hellenic Society of Internal Medicine and the Hellenic Society of Atherosclerosis.

He is a Reviewer in several medical journals, including International Journal of Stroke, International Journal of Genomics, BMC Cardiovascular Disorders, BMC Neurology, Frontiers in Pharmacology, Frontiers in Cardiovascular Medicine, Frontiers in Neurology, Open Journal of Surgery.

He has published more than 100 papers with more than 4300 citations and an author h index of 34 (September 2021).

He has also participated as a coauthor in 5 chapters in 3 books.

He is currently serving as a Professor of Internal Medicine at the Department of Medicine, University of Thessaly Medical School, Larissa, Greece and as Chief of the Hypertension and Lipid Disorders Outpatient Clinic at the Department of Medicine, University of Thessaly Medical School, University Hospital of Larissa, Larissa, Greece.